



July
2026



EASTGROVE VOICE

Neighbours by Chance, Friends by Choice

Building Healthier Sustainable Communities



ISSUE 4

Summer Wishes from All of Us!

As summer arrives and the days grow longer and brighter, we hope everyone in Eastmoor and College Grove is able to enjoy the season—whether that's spending time outdoors, connecting with neighbours, or simply taking a well-earned moment to relax.

Summer is a time for young people to explore, play, and make memories. As a community, we all share a role in helping keep our children and teenagers safe while they do so.

Warm weather can be enjoyed safely, and while open water looks inviting, it stays dangerously cold. We encourage families to talk with young people about the risks, and to choose supervised places for swimming whenever possible.

Our thoughts are with those affected by recent tragedies, and we continue supporting and looking out for one another.

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Stay safe, stay cool. Warm wishes from all St Swithun's & NextGen.



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MOVING FORWARD TOGETHER

Moving Forward Together – A Message to Eastmoor & College Grove

Over the past months, there's been a real shift across Eastmoor and College Grove—and it's important that we recognise that.

We've seen services come together in ways that genuinely make a difference. We've created more opportunities for people to access support locally. We've seen new groups start, new partnerships form, and more residents step forward to get involved. That doesn't happen by chance—it happens because people are starting to believe that things can improve.

But if we're honest, progress isn't just about what services or organisations do—it's about all of us.

For a long time, there have been barriers in our communities. Sometimes that's been down to past experiences, lack of trust, or simply feeling like things won't change. That's real, and it's understood. But if we stay in that space, if we let fear, doubt, or old ways of thinking hold us back, then we limit what these communities can become.

Right now, there are more opportunities than there have been in a long time:

- More support available locally
- More organisations willing to listen and respond
- More chances to get involved, have a voice, and shape what happens next

But those opportunities only matter if people are willing to take a step towards them. This is about giving things a chance—even if that feels uncomfortable at first. Whether that's attending something new, speaking to someone you wouldn't normally, or just being open to a different way of doing things. Small steps lead to bigger change.

Because the bigger picture here isn't just about today—it's about the future we are building. It's about creating communities where our children and grandchildren feel safe, supported, and proud of where they come from.

We've already started that journey. The foundations are being built. The question now is whether we, as a community, are ready to move forward together and build on it.

The door is open. The opportunities are there.

Now it's about what we choose to do next.

Rob Bray

Community Co-ordinator – Eastmoor & College Grove



A Cup of Kindness: Community Raises £250 for Cancer Research

On Wednesday 17th June, from 10am to 12pm, St Swithun's supported one of our volunteers in hosting a Coffee Morning Fundraiser, where every cup really did make a difference.

We were proud to raise funds for Cancer Research in a warm and welcoming atmosphere. Attendees enjoyed:

- A delicious variety of cakes to choose from
- Friendly conversation and a strong sense of community spirit
- Raffles and opportunities to donate

Together, as a community, we raised a fantastic £250. What an amazing, kind, and generous community we are lucky to be part of.

Thank you to everyone who came along and supported the event.



This event is a reminder of what we can achieve when we come together with a shared purpose. Through small acts of kindness and collective support, we can create a real and lasting impact. Together, we are stronger—and together, we can continue to make a difference for the causes that matter most.



A MILLION ACTS OF HOPE

A very special thank you goes to the incredible staff at our onsite nursery and the amazing children who, with the support of their kind and generous families, donated a fantastic amount of tinned food for our community pantry.

To make things even more exciting, Cath organised a fun raffle where every child who brought in a tin for the pantry received a free ticket for the chance to win a special prize at the end of the week. As you can see, one very happy little girl was delighted to win a giant stuffed crocodile that was almost twice her size! Cath told me she was so proud of her prize that she refused to let her mummy carry it home and insisted on taking it herself.

A huge thank you to all of our wonderful little people and their families for supporting this event. Your kindness, generosity, and community spirit are truly inspiring. You are all absolute superstars!



St Swithun's would also like to extend a heartfelt thank you to everyone who came along to our Million Acts of Hope event. Your support, generosity, and presence helped make the day truly special, and together we raised over £250 to help keep our community centre running and continuing to deliver vital services for local people.

Events like this remind us just how powerful our community spirit is. Every contribution, big or small, plays an important part in ensuring that we can continue to provide a welcoming, supportive space for everyone who walks through our doors.

A very special thank you goes to Shaban and his mum, whose kindness and generosity added something truly memorable to the day. They kindly provided free homemade rice and onion bhajis, which were absolutely delicious and went down a treat—they were all gone within minutes!

We are incredibly grateful to everyone who supported the event, whether by attending, donating, or simply spreading the word. It is through this shared commitment and compassion that we are able to keep making a difference together.





An open Day for Parents

In collaboration with our onsite nursery, we hosted a Families and Babies Matter event, bringing together 14 organisations and support services to provide advice, information, and support for local families. Those in attendance included Vico Homes, NHS West Yorkshire ICB, Healthwatch, Live Well, Early Years and Family Hubs, West Yorkshire Police, FAB, Smoke Free Wakefield, Spectrum Community Health, Zainab Mayat, Home-Start, NHS Health Visitors and School Nurses, Carers Wakefield, and Early Years (WYCA).

To help create a welcoming and family-friendly atmosphere, we provided free ice cream and sandwiches for the children. Despite the extreme heat on the day, the event was well attended, with approximately 43 families coming along to engage with the wide range of services on offer.

It was fantastic to see so many residents connecting directly with local organisations, learning about the support available to them, and building new relationships within the community. The strong turnout demonstrated both the commitment of our partner organisations and the appetite from local families for accessible advice and support. Events like this showcase community engagement at its very best, bringing people together, strengthening local networks, and helping families access the services they need to thrive.





Our Budding Floral Designer

Transforming simple planters into stunning displays of summer colour.

Another wonderful creation from our Friday Morning Fun Craft Group, who have been busy developing their flower-arranging skills.

These beautiful planters have been lovingly designed by this young lady and created by the group and now take pride of place in our reception area, brightening the space around the base of our newly refurbished notice boards.

Their creativity, enthusiasm, and teamwork continue to shine through in everything they do. These stunning displays bring a real splash of colour and warmth, perfectly capturing the bright, vibrant spirit of summer for everyone to enjoy.

Beyond creating beautiful displays, the group is continuing to build confidence, learn new skills, and express their individuality through creativity. It is wonderful to see talents developing and friendships growing, with everyone supporting and inspiring one another to achieve such fantastic results.



Bringing Vital Health Checks Closer to the Community

Today we were delighted to welcome the fantastic Liver Buddies team to St Swithun's Community Centre, providing free liver scans and advice for local residents.

The session was very well attended, giving people the opportunity to access important health checks closer to home without the need for a longer trip to their GP surgery.

A huge thank you to the amazing team pictured for their professionalism, kindness, and dedication. Your support helps make vital healthcare more accessible and is making a real difference in our community.



COMMUNITY NEWS



Age UK Wakefield District is an independent local charity dedicated to supporting people aged 50 and over across the Wakefield District. Our mission is to help older people live independently, stay connected, and enjoy a better quality of later life.



HOME SUPPORT

If you'd like a little help, support or information about the services we have available, please get in touch, we're here, because we care.

Call to find out more
01977 664861

So much more than a care company

- Cleaning
- Medication
- Bathing
- Things you are finding a bit more difficult
- Shopping
- Meal Preparation



Registered Charity No: 1096511. Registered in England and Wales

We provide a wide range of practical, emotional, and social support services, including information and advice, home support, hospital transport, bereavement services, dementia activity groups, befriending, and wellbeing programmes. Through this support, we empower people to live later life with confidence, connection, and purpose, while also promoting positive attitudes towards ageing.



The Tea Tree Cafe

Find our new cafe next to Wakefield Cathedral. We serve breakfast and lunch, all freshly prepared on premises by our fantastic team. All profits support the work of Age UK Wakefield District and the work we do for the older community of Wakefield and the five towns

**Tues - Sat
10am - 3pm**

The cafe where every cup makes a difference




We support individuals facing a variety of challenges, including poor health, bereavement, dementia, reduced mobility, anxiety, loneliness, and loss of independence. Working closely with local communities, health services, carers, and a dedicated team of over 100 staff and 300 volunteers, we aim to ensure no one feels alone or unsupported. Whether helping someone rebuild confidence after a hospital stay, providing companionship through befriending services, or supporting families affected by dementia, Age UK Wakefield District is there when it matters most—helping older people feel more confident, remain active, and stay connected within their communities.



Raising funds for Age UK Wakefield District

You're Invited!

SUMMER DISCO

WX WAKEFIELD
12 NOON - 3PM
SATURDAY 15TH AUGUST

TICKETS £10
Includes novelty party item on entry!
Available to purchase through Eventbrite



Building on this work, Age UK Wakefield District continues to evolve its services in response to the changing needs of the local population. By listening to the voices of older people and working collaboratively with partners, we strive to develop innovative approaches that tackle isolation, promote wellbeing, and strengthen community resilience. We are committed to ensuring that every older person feels valued, heard, and supported, and we welcome opportunities for individuals, organisations, and volunteers to join us in making a lasting difference.

COMMUNITY NEWS



We've recently made some changes to our Breastfeeding support groups and are pleased to share our updated map of locations across the Wakefield District. We hope this makes it easier for you to find your nearest group and connect with the support available. Please take a look and feel free to share with anyone who may benefit.

BUMPS, BABIES AND BEYOND

- A** ST GEORGES PLAY GROUP
Broadway, Lupset, WF2 8AA
Friday 23rd Jan, 13th March, 1st May & 26th June
@ 9:30am - 10:30am
- B** THE HAVERCROFT & RYHILL CENTRE
Mulberry Place, Ryhill, Wetherby, WF4 2BD
Friday 16th Jan, 20th March, 17th April, 15th May
@ 9:15am - 11:00am
- C** WAKEFIELD STREET KITCHEN
Garden Street, WF1 1DX
1st Wednesday of every month @ 6:00pm - 7:00pm
- D** SONGS AND SMILES
Priory Gardens Care Home, Lady Balk Lane, WF8 1JQ
Thursdays 23rd April, 25th June, 24th Sept, 22nd Oct, 26th Nov
@ 11:00am - 12:00pm
- E** THE ADDY PARENT AND BABY GROUP
The Old Quarry Playground, Sycamore Ave, Knottingley WF11 0PJ
Further dates coming!
@ 10:00am - 11:30am
- F** St Catherine's Church Centre
Doncaster Road, Wakefield, WF1 5HL
Friday 22nd May, 26th June, 25th Sept, 23rd Oct, 27th Nov
@ 10:00am - 11:30am
- G** PONTEFRAC COMMUNITY KITCHEN
Unit 8, Horsefair House, WF8 1PE
Wednesdays 11th March, 8th April, 13th May, 10th June, 8th July, 12th Aug
@ 10:30am - 12:30pm
- H** WAKEFIELD CITY OF SANCTUARY
Westgate End, Horbury Rd, WF2 9RW
Wednesdays 24th June, 29th July, 26th Aug.
@ 10:00am - 2:00pm

BREASTFEEDING SUPPORT GROUPS

- 1** FAB BASE
Unit 9 Upper Mall, The Ridings, WF1 1DS
Monday 1:00pm - 2:30pm
- 2** BUTTERFLIES FAMILY HUB
Wakefield Road, Normanton, WF6 1BB
Monday 1:00pm - 2:30pm
- 3** KENDAL DRIVE FAMILY HUB
51 Kendal Drive, Castleford, WF10 3SP
Tuesday 1:00pm - 2:30pm
- 4** FERRYBRIDGE COMMUNITY CENTRE
The Square, Ferrybridge, Knottingley, WF11 8PQ
Wednesday 9:30am - 11:00am
- 5** STANLEY FAMILY HUB
42 Long Causeway, Stanley, WF3 4JB
Thursday 1:00pm - 2:30pm
- 6** OAKHILL FAMILY HUB
Hardwick Road, Featherstone, Pontefract, WF7 5NF
Friday 9:30am - 11:00am
- 7** CEDARS FAMILY HUB
Barnsley Road, Hemsworth, WF9 4PU
Friday 1:00pm - 2:30am

FIND FAB
FAMILIES AND BABIES

www.familiesandbabies.org.uk
Helpline: 01924 851901
24 hours a day, 7 days a week

Who the groups are for

Open to all parents, carers and families with babies at any stage of their breastfeeding journey.

What people can expect

Drop in for friendly, non-judgemental support, advice, and a chance to meet other parents.

Support level

Delivered by trained breastfeeding support practitioners and peer supporters.

Encouragement for new attendees

Whether you're just starting out or need a bit of extra support, you're very welcome.

YOUNG PEOPLE

Get involved with Wakefield Trinity

On Wednesday evenings, we run girls-only tag rugby from 5–6pm at Eastmoor Dragon's Rugby Club, followed by a mixed multi-sport session from 6–7pm.

These popular, free 'turn up and play' sessions have seen attendance reach up to 42 young people and aim to positively engage young people through sport and reduce anti-social behaviour in Eastmoor.

We also deliver a pan-disability tag rugby session every Thursday, 5:30–6:30pm at Outwood Academy City Fields. These calm, inclusive sessions are free and open to anyone with physical or neurodiverse learning needs who may prefer a more supportive sporting environment.



RUGBEEES
GIRLS RUGBY LEAGUE & MULTI-SPORT SESSIONS FOR 7-11 YEAR-OLDS!
WEDNESDAYS | 5PM - 6PM
EASTMOOR DRAGONS ARLFC WFI 4RD
FREE ENTRY! | NO REGISTRATION REQUIRED!
FOR MORE INFORMATION, EMAIL MATILDA.HAZELL@WAKEFIELDTRINITY.CO



TRYZ
PAN-DISABILITY RUGBY LEAGUE OPEN TO 6-16 YEAR-OLDS
THURSDAYS | 5.30PM - 6.30PM
OUTWOOD ACADEMY CITY FIELDS WFI 4SF
TURN-UP-AND-PLAY
NO REGISTRATION REQUIRED
FOR MORE INFORMATION, PLEASE EMAIL MATILDA.HAZELL@WAKEFIELDTRINITY.COM
IN PARTNERSHIP WITH Access Sport COMMUNITY FUND



BE INSPIRED
TAG RUGBY & MULTI-SPORTS
FREE TO ATTEND
TURN-UP-AND-PLAY
OPEN TO CHILDREN AGED 7 YEARS+
WEDNESDAYS 6PM - 7PM | EASTMOOR DRAGONS ARLFC WFI 4RD
FOR MORE INFORMATION, PLEASE EMAIL MATILDA.HAZELL@WAKEFIELDTRINITY.COM



Invited to join the Princes Trust

Hi everyone, I'm Rev Geoff Erwin, continuing my life story.

In 1980, I was honoured to join The Prince's Trust, now The King's Trust. It became one of the most rewarding experiences of my life. The Trust helped young people, often from challenging backgrounds, turn business ideas into reality through grants and support. Seeing their confidence grow and their futures change was truly inspiring.

One lesson I learned is that young people need encouragement, guidance, and someone who believes in them. Sometimes a little support can make all the difference.

Over the years, I met many remarkable young people whose determination overcame difficult circumstances. Their success was not just about funding; it was about having someone believe in them and giving them the confidence to take that first step.

A memorable moment was meeting the then Prince of Wales during a visit to Leeds. As I stood aside after introducing him to young people, Princess Diana appeared behind me. She had entered through the wrong door and asked to stand behind me until the Prince had passed, avoiding a breach of royal protocol. Afterwards, she thanked me for helping her.

My years with The King's Trust were a privilege, and I saw first-hand His Majesty's genuine commitment to supporting young people. If you know a young person with a business idea, encourage them to contact The King's Trust—it could change their life. Looking back, I remain grateful for the opportunity to support so many talented young people. Their determination, resilience, and ambition taught me as much as I hope I taught them. Many went on to achieve things they once thought impossible. Their success stories continue to inspire me today.



UP COMING EVENTS



St Swithun's Community Centre

Activities for Children & Young People

MONDAYS

Dance Xplosion @ 5.00pm – 6.00pm 6 – 10 yrs
Street dance for children. £3.50 / child. Term time only.

TUESDAYS

Busy Bees @ 9.30am – 11am.
0-3 Years Fun activities for under 3's. Term time only. Child minders £1.50 per child.
A voluntary contribution £1.50 per child for parents/carers
Every Good Work @ 2.30pm – 3.30pm.
Youth Group for students Y7 to Y11 Fun games, activities and more. Term time only. FREE

WEDNESDAYS

Nactics Martial Arts
@ 5.30pm – 6.30pm 4+ yrs
Learn self-discipline and improve fitness.

THURSDAYS

Level Up youth club 5pm-7pm ages 8 – 16 yrs.

Activities for Adults

MONDAYS

Simply Leisure @ 1.00pm – 3.00pm Over 55s £2.50
Have fun with a relaxed group of ladies and gentlemen. Enjoy leisure activities, entertainment and talks.

TUESDAYS

Free lunch club. Runs from 12 – 2pm until end of February 2026

WEDNESDAYS

Healthy Walks @ 10.00am – 11.30am
Yogalates sessions on Wed 5.30- 6.15pm £2
Free cuppa and cake from 10am until 2pm
Move it or lose it 12pm until 1pm
Cath's Cross Stitch @ 1.00pm – 3.00pm
All ages and all abilities welcome. £ 2.50

THURSDAYS

The Do Nowt Club for males from 16 + social, relaxed evening from 5 until 7 where you can come and play cards, domino's, chest, darts. No pressure, no obligation to join in.

FRIDAY

Fit & Friendly @ 10.00am – 12.00pm Ladies over 55
Gentle chair-based exercise, plus guest speakers, games and social events. £4.00
Fun & Crafts group from 10 am – 12pm.

St Swithun's Community Centre. Arncliffe Rd Wakefield WF1 4RR. T: 01924 361212

Email: info@eastmoorcommunity.co.uk

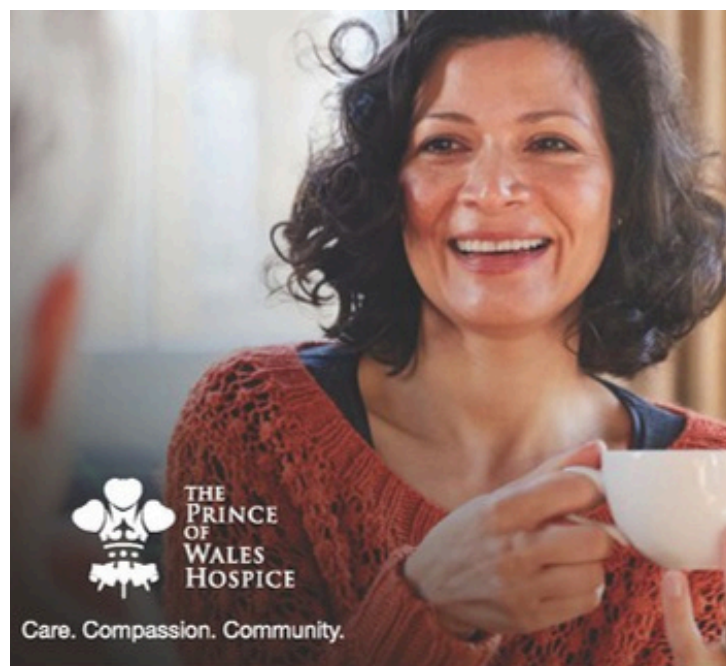
Website: www.eastmoorcommunity.co.uk

FB: <https://www.fb.com/StSwithunsCommunityCentre>

X: <https://twitter.com/MyEastmoor>



What's happening at the TPWH?



Wellbeing and Community Support

We offer a wide range of activities to provide practical, emotional and wellbeing support in the Five Towns.

Booking is required for all activities except the drop-in sessions.

Please check the latest schedule and book your place online at www.pwh.org.uk/support

Alternatively, you can call our Wellbeing Team on 01977 781451.

Registered Charity No. 514999



0626

Activities and group sessions

Coffee and Chat Drop In	Tuesdays, 1.00 - 3.00 pm (Notcutts Victoria Garden Centre, WF7 6BS)
Complementary Therapy	Pause and Restore Complementary Therapy and Mindfulness Group Wednesday, 1.00 - 2.30 pm (The Pipalong Function Room at Pontefract Racecourse) 1:1 appointments available during the week
Exercise Group	Thursdays, 1.30 - 2.30 pm (Local gym)
Craft Group	Friday, 10.30 - 12.30 pm (The Prince of Wales Hospice)
Brew and Do!	Last Wednesday of the month, 10.00 - 12.00 pm (Soup4EM, The Hub, 77 West Street, WF9 3HR)
Young Widows/ Widowers Group	Every four weeks, from Wednesday 13 May 26, 4.00 - 5.30 pm (Fairwood Field Care Home, Pontefract, WF8 4DZ)
Family and Carer Support	Family and individual appointments throughout the day (The Prince of Wales Hospice)
Counselling	Monday – Friday throughout the day and evenings (The Prince of Wales Hospice) Family support and individual 1:1 appointments
Bathing Service	Appointments available during the week (The Prince of Wales Hospice)



Help at the Hub St Swithun's

Wakefield Citizens Advice

Free Drop-In

Tuesdays, 10am–12pm

No appointment needed.

Free, confidential, and open to all.

Get advice on benefits, debt, work, housing, immigration, family issues, and more.

☎ Call: 03444 111 444

Struggling with Bills or Food Costs?

- Do you find it hard to pay your bills?
- Have you cut back on food shopping in the last 3 months?
- Do you run out of money before the end of the week or month?

If you answered yes, ask us about the Community Pantry.

☎ Call 01924 361212 for more information.

Volunteer With Us

We offer a variety of volunteering opportunities at the centre. Build friendships, boost your confidence, and gain valuable experience.

Contact Doni : 01924 361212

Childcare @ St Swithun's

Open Monday to Friday,

9am–12pm & 1pm–4pm

(term-time only).

OFSTED-registered sessional care for children aged 2 to 5 years.

☎ Contact the Nursery Manager: 01924 361212 Ext. 240

Step Up – Career Support

First Wednesday of each month, 9am–5pm

Free support whether you're employed, unemployed, or facing redundancy.

Help with job searching, skills development, and career changes.

☎ Book: 01924 303334

✉ Email:

stepup@wakefield.gov.uk

Live Well Wakefield

Here to support unemployed people to feel well enough to consider working again and to support people employed to stay well at work, including people currently 'unfit for work'.

Tuesdays 10am–12pm

No appointment, just drop in.

Café on the Moor

Open Monday to Friday,

9am–2pm

Freshly made food, prepared to order.

Pre-order by calling 01924 361212

Special offer available for Citizen Coin users!

Join a Social Group!

We offer fun and welcoming groups for all ages, including:

- Toddler group
- Street dance
- Yoga & chair-based exercise
- Martial arts
- Crafts & cooking
- Over 55s social sessions

☎ Call 01924 361212 for more information.

Smoke Free Wakefield

Here to support unemployed people to feel well enough to consider working again and to support people employed to stay well at work, including people currently 'unfit for work'.

Tuesday 9am–2pm

No appointment needed, just drop – in.



What's happening at Lightwaves?

Next Generation Saturday Youth Group

Lightwaves Leisure Centre. Lower York Street, Wakefield
WF1 3LJ

Every Saturday | 12:00 PM – 2:00 PM

For Ages 8–12

- Activities Include:
- Sports & games.
- PS5 fun.
- Crafts & tournaments.

Creative activities and more!

Snacks & drinks provided. Only £1.00 per session

Important; Parents/guardians must complete a consent form at the first session.

Wakefield Citizens Advice

Free Drop-In Sessions

Every Wednesday | 10:00 AM – 12:00 PM

Location: Wakefield (exact venue not specified)

No appointment needed – just drop in!

This is a free, confidential, and impartial service open to everyone in the community.

Get advice on:

- Benefits
- Debt & money
- Employment
- Consumer rights
- Housing
- Education
- Immigration
- Family & personal issues

☎ More information: Call 03444 111 444

Lightwaves Community Shop (Pantry)

Struggling with bills or food costs?

- Have you had to cut back on food shopping recently?
- Do you sometimes run out of money before the end of the week or month?

If you answered yes to any of these, our Community Shop may be able to help.

Please note: This service is referral only.

☎ For more information: Call 01924 360158

Friday Friendly Faces

at Lightwaves Leisure & Community Centre



Please come and join Sheelagh and colleagues for a morning of tea, coffee, tasty cakes and making new friends!

Lower York Street, Wakefield, Wf1 3LJ

Tel. 01924 360158 info@lightwaves.org.uk

Feel Good Fridays
at
Lightwaves

badminton and table
tennis half price

Free table tennis and
badminton for over 60's

Offer available
9 am to 4 pm

Call 01924 360158 or email
info@lightwaves.org.uk to book

from 11 February 2022 until further notice



GET INVOLVED



GET INVOLVED

HAPPY HEALTHY HOLIDAYS

SUMMER 2026
WITH NEXT GENERATION & LIGHTWAVES

AT LIGHTWAVES LEISURE CENTRE
LOWER YORK STREET, WAKEFIELD, WF1 3LJ

FOR AGES 8 TO 11 & 12 TO 16

27 JULY TO 21 AUGUST
4 DAYS A WEEK
12 NOON TO 4PM #HAF2026

SPORTS, ARTS, CRAFTS & DRAMA

LUNCH, SNACKS & REFRESHMENTS ARE PROVIDED

SCAN THIS QR CODE FOR 8 TO 11 YEAR OLDS

SCAN THIS QR CODE FOR 12 TO 16 YEAR OLDS

If you have any enquiries please call
01924 360158 (Lightwaves) 01924 200039 (Next Generation)

Logos: LIGHTWAVES, NEXT GENERATION, BEST START IN LIFE, Department for Education, WAKEFIELD COUNCIL

Every Friday Morning

FUN CRAFT WORKSHOP

there's something for everyone.

Fun, friendly, sociable, a place to connect and make friends.

10:00am until 12 noon
St Swithun's Community Centre, Eastmoor.

Just pop along

WAKEFIELD HOSPICE

Remember to SCAN for a ReUnite Device

SPOT CHECK ACTION NOTIFY

Can you see someone who looks lost or disorientated?

Are they wearing a ReUnite device? Check their zips, bags and wrists.

If they are wearing a ReUnite device, unlock your phone and hold it over the device to scan.

Call the emergency contact which appears when scanned.

Order a device:
www.wakefieldhospice.org/reunite
or scan the QR Code opposite

Help to keep your local community safer by recognising ReUnite devices.

Wakefield Hospice Reg Charity No 100392 Memory Action Group Reg Charity No 1003223

THE DO NOWT CLUB

A relaxed evening for men

CARDS, DOMINOES, DARTS & CHESS

DATE & TIME

- St Swithun's Community Centre
- Frist evening on 24th June
- Then very Wednesday from 5pm - 7pm
- Free tea, coffee & biscuits
- Age from 18 to 80+

RULES

- No pressure to talk.
- No pressure to join in.
- Come for the games.
- Stay for the company.
- Leave feeling a bit lighter.

More Information: 01924 361212 ex 235

GET CONNECTED



Funded Training Courses

AIM2LEARN delivers fully funded training for adults seeking work, career changers, employers upskilling staff, and self-employed individuals. We specialise in telecommunications, SIA (security), and functional skills. Our courses combine hands-on experience with industry expertise, covering everything from network installation to conflict resolution, first aid, and essential English, maths, and digital skills.

We are committed to breaking down barriers to learning and creating real opportunities for employment and progression. With personalised support throughout your journey, we help you build confidence, gain recognised qualifications, and take the next step into a sustainable career.

GET TRAINED



Mental Health Support

- **Recovery College Wakefield** – Free wellbeing-focused courses for anyone 16+
T: 01924-316946
- **Andy's Man Club** – Peer-to-peer support for men's mental health
www.andymanclub.co.uk
- **Turning Minds Around** – Counselling & well-being service. M: 07419-202312
- **Well Women Centre** – Mental health and wellbeing support for women T: 01924-211114
- **Gasped** – Support for families affected by substance misuse T: 01924-787501
- **Touchstones** – Bereavement and emotional support T: 0113-271-8277
- **Here for You – Day Time Crisis Service** – Immediate mental health crisis support
M: 07776-962815
- **Changing Futures Together** – Likely includes mental health and complex needs support
- **Wakefield Carer's Support** – Emotional and practical support for carers
T: 01924-305544
- **Age UK** – Includes mental health support for older adults T: 01977-552114
- **DWP Disability Employment** – Includes mental health-related employment support
T: 0843-509-2326



Community & Primary Health Support

- **Eastmoor Health Centre** – GP services, minor surgery, smoking cessation, immunisations
T: 01924-201614
- **Warren Gate Medical Centre** – GP services including acute mental health crisis support
T: 01924-371011
- **NHS West Yorkshire ICB** – Strategic health planning and integration across services
T: 01924-231050
- **Live Well / Community Liver Health Checks** – Mobile liver screening and health advice
T: 01924-255363
- **Liver Buddies & The Hep-C Team** – Mobile liver health outreach for at-risk communities
T: 0113-2433-144
- **Yorkshire Smoke Free Service** – Free stop smoking support including mobile clinics
T: 0800-612-0011. M: 0330-660-1166
- **Diabetes UK** – Support and education for people with diabetes T: 01925-653281
- **Leeds and Wakefield Breast Screening Service** – Cancer screening T: 0113-2433-144
- **Turning Point Young Persons & Family Carers** – Support for young people and carers
T: 0300-123-1912
- **Experience Community** – Likely disability and wellbeing support T: 01924-305569
- **Everybody's Cycling & WY Combined Authority** – Active travel and wellbeing promotion
T: 01924-951900



Housing & Practical Support

- **Live Well Wakefield** – Social prescribing including housing, employment, and wellbeing T: 01924- 255363
- **Vico Homes** – Housing provider (awaiting service details) T: [0345 8 507 507](tel:03458507507)
- **Groundwork Wakefield** – Community development, may include housing/environmental support T: 01924-307222
- **DWP Disability Employment** – Support for disabled individuals including housing-related benefit T: 0843-509-2326



Cancer & Long-Term Condition Support

- **Place Cancer Transformation / WY&H Cancer Alliance** – Strategic cancer care improvement wyicb-wak.wyandhcanceralliance@nhs.net
- **Yorkshire Cancer Community / WY&H Cancer Alliance** – Patient voice and support in cancer care wyicb-wak.wyandhcanceralliance@nhs.net
- **Stroke Association** – Support for stroke survivors and carers T: 01924 372525
- **Wakefield Hospice** – End-of-life care and bereavement support T: 01924 331400
- **Prince of Wales Hospice** – Palliative care and family support T: 01977 708868

EASTMOOR



Near Eastmoor Health Centre (Windhill Road, WF1 4SD)

Door 2 Door – Eastmoor



64A Windhill Road, Wakefield WF1 4SD



Mon–Fri: 9:00am–6:00pm



T: 01924 291350



Eastmoor Online Pharmacy



Serves WF1 area (online-based with delivery)



Offers NHS prescriptions, Pharmacy First services, and health advice



EASTMOOR

Near Warren Gate Medical Centre (Upper Warrengate, WF1 4JZ)

Pharmacy + Health – Warrengate

 82 Upper Warrengate, Wakefield WF1 4JZ
 Mon–Fri: 9:00am–6:00pm
 **T: 01924 290435**

Services: NHS prescriptions, flu jabs, contraception, ear wax removal, weight management, Pharmacy First

COLLEGE GROVE

Near College Grove (WF1 area)

1. Door 2 Door Pharmacy

 41 Duke Of York Street, WF1 3PD
 Mon–Fri: 9:00am–1:00pm & 2:00pm–6:00pm
 **T: 01924 695395**

Well Pharmacy – Buxton Place

 Buxton Place, Newton Bar, WF1 3JQ
 Mon–Fri: 8:00am–6:15pm
 **T: 01924 369987**

Lloyds Pharmacy – Pinderfields Hospital

 Aberford Road, WF1 4DG
 Mon–Fri: 8:00am–8:00pm; Sat: 9:00am–5:00pm
 **T: 01924 379496**